



# Events & Studios

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## Seasonal Menu 2017

Introducing you to the Seasonal menu brochure, delivered for your enjoyment by Vacherin at the London Stock Exchange.

We aim to create imaginative tailor-made food and catering solutions for our clients, delivered with exceptional service and standards. We believe great food comes from great ingredients, so we use fresh, seasonal produce, cook it simply and let the food speak for itself. We then deliver with passion, enthusiasm and flexibility; allowing us to provide the London Stock Exchange with a truly bespoke service.

The following menus have been created as a core guideline in the day-to-day hospitality offering at the London Stock Exchange. The hospitality team is however more than happy to design a unique menu of your choice, so feel free to talk to your event manager at the earliest opportunity about creating something distinct.

Please be aware that a 72-hour notice period is required for any special requests, and we respectfully ask that you observe the minimum notice periods on all deliveries. Some requests, such as halal and kosher, may incur a supplement. Please check with your Event Manager for further details.

Cancellations 72 hours within the event date will incur the full charge.

Dishes from the menu may contain traces of nuts.

Whilst every care is taken to ensure our olives do not contain any stones or stone fragments, we cannot guarantee there will be none.

Prices are per person unless otherwise stated. All prices listed are exclusive of VAT.

Please note; any catering requested prior to 07:00 will incur an additional charge.





## ALLERGEN ABBREVIATION KEY

Allergen	Abbreviation
Gluten containing cereals	GL
Crustaceans	CR
Molluscs	MO
Fish	FI
Peanuts	PN
Lupin	LU
Tree Nuts (such as walnut, hazelnut, almond, etc.)	TN
Soya	SOY
Eggs	EG
Milk	MI
Celery	CE
Mustard	MU
Sesame	SE
Sulphur dioxide	SO2

## CUSTOMER INFORMATION NOTICE

### ALLERGENS AND SPECIAL DIETARY REQUIREMENTS

We are committed to meeting the needs of customers who have food allergies or special dietary restrictions and recognises that many of our customers may also adhere to a vegetarian or vegan diet.

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens.

Ingredients may vary due to changes made by suppliers in product formulation, recipe substitutions, portion size and other factors. These changes may be made without our prior knowledge.

If you are allergic to any foods or have any special dietary requirements, please do check with our catering team on site who will be happy to guide you in making a safe food choice.

### Fish Consumption Guidance:

Please be aware that certain species of fish like mackerel, tuna, bluefish, mahi-mahi, bonito, sardines and anchovies can carry the risk of elevated levels of histamine. This may cause symptoms akin to an allergic reaction in certain individuals.

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Sustainability is part of the fabric at Vacherin and we're committed to serving delicious food, responsibly.

We hold a 3 Star Rating from the Sustainable Restaurant Association, and are recognised widely for our efforts in sustainable and ethical sourcing.

Over 90% of our animal products come from British Red Tractor Assured farms (with the exception of some continental cheeses and charcuterie) and we are committed to 100% British Free Range eggs. We work actively with the Marine Conservation Society to ensure that all of our fish is sustainably sourced, taking into account factors such as the impact of aquaculture, global fish stocks, and catch methods. We cut waste right through the supply chain by sourcing cosmetically imperfect fruit and vegetables which would otherwise have been thrown away.

Our Seasonal Menu for the London Stock Exchange in 2017 celebrates delicious, seasonal ingredients, from a select list of local suppliers who we work closely with to ensure their values align with our own and their produce is the highest quality.

# Menus



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## BEVERAGES

Fairtrade coffee, tea and biscuits (per person) Includes classic and herbal teas	£4.50
Soft Drinks (330ml can)	£1.85
Vivreau purified water (large)	£3.95
Vivreau purified water (small)	£2.75
Sparkling elderflower cordial (small)	£3.25
Freshly squeezed orange or apple juice (litre)	£9.95
Freshly made 100% apple, plum and blueberry juice (jug)	£10.95
Freshly made 100% mango, rosehip and goji berry smoothie (jug)	£10.95
Freshly made 100% kiwi, carrot and spinach super smoothie (jug)	£10.95
Freshly made 100% mango, bell pepper, carrot and cucumber smoothie (jug)	£10.95

## BREAKFAST

All breakfasts are served buffet style, with Fairtrade coffee, a selection of teas, freshly squeezed orange and apple juice.

### Morning Pastries **£8.00**

Selection of freshly baked assorted mini pastries and croissants. (2 pieces per person)

### The Light Bite **£11.75**

Greek yoghurt, seasonal fruit and toasted granola tumbler.

A selection of freshly baked mini fruit Danish, butter croissant and pain au raisin.

Compressed sliced fruit platter.

### Traditional Breakfast Rolls **£11.95**

A selection of traditional style mini breakfast rolls. (2 pieces per person)

Newitts crispy smoked bacon

Lingfield Cumberland sausage

Baked omelette with vine plum tomato and Quicke's cheddar (v)

### The Healthy Breakfast (v) **£13.75**

Seasonal fruit salad

Blueberry and banana smoothie

Berry compote with low fat natural or Greek yoghurt

Muesli/ cereals/ granola

Mini blueberry muffin

### Mini Filled Croissants **£14.50**

A selection of freshly baked croissants au beurre. (3 pieces per person)

Gruyère, tomato and black pepper (v)

Wiltshire ham, cheddar and tomato

Smoked salmon and cream cheese

### Cooked Artisan Breakfast **£20.25**

Free range eggs cooked to your order and preference. Vegetarian options are available on request. Speak to your Event Manager to discuss serving suggestions.

Newitts dry cured back bacon

Cumberland and Lincolnshire sausages

Slow roasted Evesham tomatoes

Sautéed chestnut mushrooms

Hash brown

Pea bubble and squeak

### Compressed Sliced Fruit Platter Add-on **£4.75**

## ELEVENSES OR AFTERNOON TEA

A selection of handmade cakes accompanied by freshly brewed Fairtrade coffee and a selection of classic and herbal teas.

### Sliced Loaf Cakes **£7.25**

One slice per person:

Blueberry crumble cake

Double chocolate cake

Maple, pecan and banana cake

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## Scones £9.25

A selection of plain and fruit scones and rock cakes with Cornish clotted cream and strawberry jam  
(2 pieces per person)

## Cupcakes £9.25

A selection of cupcakes with individual flavours and toppings (2 pieces per person)

- Carrot cake and ginger
- Vanilla and lemon
- Mixed berry

## Afternoon Tea Fancies £10.50

A selection of the following afternoon tea fancies (2 pieces per person)

- Raspberry macaroons
- Fondant fancies
- Mini chocolate torte
- Vanilla and Yorkshire rhubarb pannacotta
- White chocolate and pistachio praline mille feuille

## LSEG Afternoon Tea £21.50

(1 piece per person):

- Gressingham duck egg on toasted malted grain bloomer, chive mayonnaise and parsley cress
- Hot smoked salmon, English peas, chervil mayonnaise on a chargrilled wrap
- Roast Dexter beef, red onion marmalade and horseradish on farmhouse tin loaf
- Mozzarella, tomato and basil served in tiger bread
- Mini scones with cherry, preserves and butter
- Golden sultana flapjack
- Dark chocolate brownie, creme Chantilly, white chocolate crumbs

## LUNCH

**All our sandwich lunches are served with Pipers crisps, and freshly sliced compressed fruit platters.  
(4 pieces per person)**

### Gluten Free Sandwich Lunch £17.25

Hot smoked salmon, beetroot relish, basil and hash browns

Honey ham hock and Montgomery cheese roll, brown rice flour and chive pancake, rocket

Seared tuna with shaved vegetables, sesame and coriander nori roll

Aubergine with hummus, rocket, peppers, halloumi (v)

Seared beef, crisp gem lettuce, sesame, yuzu and basil

### Artisanal Sandwich Lunch £17.25

A selection of freshly made white and brown artisanal breads and wraps, served with Pipers crisps and freshly sliced seasonal fruit.

A sample menu of the following selection based on seasonality:

- Poached and smoked salmon, crème fraiche and pickled cucumber
- Lemon crayfish, tartar and mixed leaf
- Poached ham hock, piccalilli and baby gem
- Smoked turkey, cranberry, brie and rocket
- Free range sliced egg smoked paprika mayonnaise, mustard cress (v)
- Falafel, sun blushed hummus, roasted vegetables (v)

### Add-on Bites £4.40 per item

Enhance your working lunch with any of the following:

- Cumberland Scotch egg, tomato jam
- Black pudding, pork and apple sausage rolls, seeded pastry
- Chipolata sausages in maple syrup and sesame
- Lemon chicken skewers, pesto
- Pork shoulder bon bon, pork skin crust, rhubarb purée
- Parmesan cheese and pesto straws, herb dips (v)
- King Edward chips, Montgomery cheddar and truffle oil (v)
- Pea quiche, cottage cheese (v)
- North Sea cod goujons, fennel pollen crust and smooth tartar sauce
- Forman's smoked salmon and spring onion tart
- Smoked mackerel pâté on toast, pickled red onion, celery
- Valrhona dark chocolate and orange brownie
- Fruit and nut flapjack

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## Working Lunch Half & Half £24.75

Enhance your working lunch with a mix of the Artisanal Sandwich Lunch option plus 2 items from the Add-on Bites.

Or enhance your working lunch with a mix of the Artisanal Sandwich Lunch and 2 items from the Salad Bowl selection.

## Salad Bowl £17.25 per person

Please choose 3 of the following options:

Marinated organic salmon, beetroot relish, basil, hash browns

Seared cod and line caught tuna niçoise with free range hen's egg

Organic Sutton Hoo chicken Caesar salad

Thai beef and noodle salad with crispy Asian slaw

Grilled Mediterranean vegetables on lemon and marjoram cous cous (v)

Heirloom tomato and Laverstoke Park mozzarella with fresh basil tips, olive tapenade and Secretts Farm leaves (v)

## PLATTERS

Our platters make a lovely addition to any sandwich lunch. You can mix and match to fit your requirements for the day. (Minimum 5 people, charged per person)

### As Add-on £6.95

### As Main Option £13.75

#### Best of British Market

Smoked Wiltshire ham hock and parsley terrine, quails egg and Cumberland seasoned mini Scotch egg, Quicke's cheddar and sweet spicy root vegetable chutney.

#### The Brindisi

Chorizo, salami and prosciutto, Manchego cheese, quince, marinated olives and grilled vegetables with balsamic and chilli onion relish

#### The Covent Garden

Vegetarian rennet mozzarella, Heritage tomatoes and vegetable crudities with smoked aubergine dip, falafel Scotch egg and marinated grilled vegetables

#### The Billingsgate

Smoked Shetland salmon, halibut and Cornish mackerel, pickled vegetables, smoked haddock and chive Scotch egg with caper mayonnaise, roasted beetroot, and horseradish and apple salad

## FORK BUFFET £41.50

All our fork buffets are served with freshly baked artisanal breads, English butter, a selection of dressings, and 2 chef's salads, along with Fairtrade coffee, classic and herbal teas. (Minimum of 10 people)

Please select one meat, fish and vegetarian option from the Hot or Cold Buffet lists, along with one option from both the Salad and Desert sections.

### Hot Fork Buffet

#### Meat

Roast lamb rump, lemon thyme, and summer vegetables, light lamb jus

Classic chicken chasseur

Rare roast beef, wasabi crème, watercress and glazed pearl onions

#### Fish

Baked Atlantic cod, chervil crumb, tomato and tarragon salsa

Polenta crusted salmon fishcakes, sorrel mayo

Rosemary skewered king prawn kebabs with citrus fregola

#### Vegetarian

Provençal vegetable strudel, basil pesto, rocket and olives

Baked broccoli, various cauliflowers, Gruyère sauce and toasted almonds

### Cold Fork Buffet

#### Meat

Chicken liver parfait, Parma ham, smoked chicken, rhubarb compote, pistachios and bitter leaves, artisan breads

Pork and apple Scotch eggs, sausage rolls, piccalilli

Confit of Gressingham duck, fresh cherries and tabbouleh, mizuna

#### Fish

Platter of smoked fish, gribiche sauce, breads, lemon and pickles

Flaked salt cod, Heritage tomatoes and gremolata

Potted Cornish crab, seaweed bread, citrus butter

#### Vegetarian

Salad of English peas, broad beans and shoots, cottage cheese, honey and black pepper dressing

Red pepper and basil cream cheese roulade, watercress and pickled onion salad

Spring cauliflower quiche, spiced tomato chutney

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## Salad

Chilli spiced braised red quinoa, puy lentil and barley salad  
Orzo pasta, asparagus, sun blushed tomato and basil  
Lime and mirin white cabbage, spring onion and radish salad  
Za'atar spiced chickpea, chard, baby corn, roasted red pepper salad  
Fattoush (celery, tomato, red onion, cucumber)  
Spring leaf salad  
Traditional Niçoise salad

## Dessert

Berries, vanilla cream and meringue shards  
Double chocolate brownie, cherry compote  
Summer fruit tartlets

## BOWL FOOD

**£36.75**

Based on 4 bowls per person

### Hot Bowls

Herb crusted Loch Duart salmon, lemon gel, crispy wakame, Shimeji mushrooms  
Chargrilled Scottish scallop, fregola, sea herb, pickled onion  
Romney Marsh roast lamb cannon, coco beans, artichoke, parsley crumb, roasting jus  
Crispy Suffolk pork leg bon bon, rhubarb, charred sprouting broccoli, Madeira jus  
Spiced taboulleh, braised aromatic fennel, dill cream (v)

### Cold Bowls

Seared tuna Niçoise  
Atlantic salt cod, saffron potato pearls, new season peas, chervil, crème fraiche  
Guinea fowl leg terrine, orange and kohlrabi slaw, pistachio, mustard cress  
Beef carpaccio, shaved asparagus salad, Parmesan, olive oil, smoked salt, sunflower seeds  
Shaved heritage carrots, red pepper salsa, chargrilled halloumi, pine nuts (v)  
Tomato essence, confit tomatoes, rice granola, balsamic, basil (v)

## Sweet Bowls

Chocolate orange ice cream, cookie crumbs, yuzu gel  
Pineapple carpaccio, coconut puree, lychees, coriander  
Ginger biscuit crumble, spiced mango compote, pink pepper, piz tazz

## EVENING RECEPTIONS

A selection of canapés; varying from our traditional classic range or adding a slight fusion twist with our more contemporary canapé options. Our Snack and Bite options are an ideal alternative or welcome addition to traditional receptions.

### Bar Table Snacks

**£6.65**

Ideal accompaniments to a canape function or drinks reception. Please choose 4 from the list below. (Minimum of 10 people)

Feta stuffed piquillo peppers  
Vegetable crisps  
Mini pretzel knots  
Oska Japanese mix  
Salted broad beans and chilli sweetcorn  
Pitta bread and hummus  
Pitted rustic olives marinated with chilli peppers

### Hot & Cold Bites

**from £19.50**

**5 per person** £19.50  
**8 per person** £28.75

#### Meat

Basil scented free range Red Tractor chicken with garlic dipping sauce  
Honey glazed Cumberland cocktail sausages  
Mini Somerset beef brisket burgers with tangy tomato relish  
'Sutton Hoo' chicken and chorizo skewers with coriander and lime dipping sauce

#### Fish

Peanut crusted tempura squid goujons with mirin and soya dip  
Mini smoked Scottish haddock fishcakes with parsley sauce  
Seared line caught tuna, avocado and fine chilli beans  
Oak smoked Forman's salmon and dill on pumpernickel bread

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## Vegetarian

Oven roasted red peppers and feta cheese tart with chives (v)

Marinated artichoke, red onion and pesto crostini (v)

Individual leek and Cheshire cheese quiche (v)

Cucumber and crispy vegetable salad rolls with nori and soya (v)

## Dessert

Pistachio and chocolate brownies

Lemon curd tartlets

Shot glasses of Greek yoghurt, mixed berries, honey and toasted almonds

Strawberry and crème patisserie tarts

Passion fruit posset with exotic fruit salsa

Chocolate and coffee éclair

Warm doughnuts with dipping sauces

## Classic Canapés

from £19.95

6 per person £19.95

8 per person £25.50

10 per person £30.50

## Meat

'Sutton Hoo' chicken and courgette quiche (cold)

Galia melon, Parma ham and mint skewer (cold)

Honey and soy duck, rice paper wrap, lemon balm (cold)

Slow cooked 'Dingley Dell' pork belly, apple pickle (hot)

## Fish

Beetroot, gravlax salmon, crème fraiche, dill (cold)

Trout rillettes, crisp bread croûte, red onion and capers (cold)

Thai aromatic salmon skewer, green curry salsa (hot)

Marinated prawn won ton, lime leaf and wasabi dip (hot)

## Vegetarian

English peas, cottage cheese, crunchy tomato basket (cold)

'Wey Valley' asparagus, crispy filo, lemon, parsley (cold)

Wild mushroom bruschetta, thyme (cold)

'Isle of Wight' tomato and mozzarella arancini with basil mayonnaise (hot)

## Dessert

Meyer lemon tart, pistachio crumb (cold)

Baked banana bread, caramelised banana (cold)

Chocolate and cherry ganache, coconut crust (cold)

Blackberry fool (cold)

## Contemporary Canapés

from £19.95

6 per person £19.95

8 per person £25.50

10 per person £30.50

## Meat

Smoked Suffolk chicken, mango, rye, coriander cress (cold)

Salt beef pressé, sweet and sour fennel relish, pollen (cold)

Chargrilled flat bread confit Gressingham duck leg, crispy wakame, pickled mushroom (hot)

Spring Romney Marsh lamb shoulder tart, pea puree and shoots (hot)

## Fish

Confit potato, salt cod, sorrel crème fraiche, crispy garlic (hot)

Yellow beetroot, beetroot salmon gravlax, caviar, lemon confit (cold)

Oven roast Cornish sea trout skewer, red onion and tomato salsa, dill (hot)

Ocean pie, crisp pastry case, creamy parsley mash (hot)

## Vegetarian

Scorched melon and confit tomato skewer, olive crumbs, basil (cold)

Asparagus, avocado, pine nut, celery cress (cold)

Basil pesto arancini, mozzarella centre, garlic fromage fraise (hot)

Crispy potato rosti, onion soubise, pickled purple onion, charred sprouting broccoli (hot)

## Dessert

Strawberries and meringue, black pepper, basil (hot)

Warm dark Vahlrona chocolate bon bon (warm)

Sticky orange cake, sweet and sour pineapple, toasted coconut (cold)

Verbena panna cotta, summer berries, mint cress (cold)

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## FINE DINING

Our fine dining menu includes a serving of Fairtrade coffee, classic and herbal teas and hand cut freshly baked bloomer, English butter and a selection of dipping oils. Please note, additional costs for napkins and table cloths will be incurred.

### Fine Dining **from £47.00**

Our team can help create a bespoke menu based on the best seasonal ingredients available. Please discuss menus with your Event Manager. Sample options shown below.

**2 courses** **£47.00**

**3 courses** **£55.00**

**4 courses** **£62.00**

#### Starters

Citrus cured Loch Duart salmon, radishes, cucumber, pickled mooli, sorrel, yuzu crème fraiche, fennel pollen

Confit Gressingham duck, crispy seaweed, shaved carrot, honey and blood orange gel

Cornish crab, mango and fennel, filo wafers

'Isle of Wight' Heritage tomatoes, pesto, goat's cheese mousse, black olive and Parmesan crumble, basil oil and cress (v)

#### Main courses

Romney Marsh lamb cannon, crispy sweetbreads, fondant potato, crushed peas, braised onion, shallot puree, wild garlic, pea shoots, roasting jus

Suffolk chicken breast, pan fried lemon polenta, chanterelle, spring brassicas, burnt calotte onion, nasturtium, golden sultana jus

Atlantic cod, Iberico ham, coco beans, avocado puree, confit tomatoes, lemon oil, violet artichoke, nasturtium

Poached hen egg, maple glazed white and green asparagus, toasted almonds, butter crumb, charred onions, bronze fennel (V)

#### Desserts

Verbena panna cotta, blood orange, basil syrup, black pepper meringue, orange sorbet

Lavender and Greek yoghurt cheesecake, candied almonds, honey ice cream, poached rhubarb

Dark chocolate and cherry tart, cherry ice cream, white chocolate powder

Seasonal fruit plate, passion fruit jus

#### Cheese

Selection of British cheeses from Rippon, served either individually, as a board with oatcakes, celery and quince jelly, or as a sharing plate on the table